



Friends of Califon Island Park/CAMPA
CALIFON BRIDGE TO BRIDGE
5K RUN/WALK
SUNDAY, OCT 3, 2010 @ 1PM

**GREAT FAMILY
 FUN!**
**Walkers
 encouraged!**

START TIME (rain or shine):

- 11:00 - 12:30 Califon Island Park - race packet pickup for all pre-registered runners.
- 11:00 - 12:30 Califon Island Park - same day registration must take place by 12:30 p.m.
- 12:20 - 12:40 Califon Island Park - Group warm up
- 12:40 - 1:00 River Road/Califon Bridge - **The race starts PROMPTLY at 1:00 p.m.**
- 2:00pm Califon Island Park - Kids Fun Run (100 yard dash)
- 2:30pm Califon Island Park - Awards Ceremony and Harvest Fest

Entry fee:

Pre-Registration (by 9/17)	Registration (after 9/17)	Kids Fun Run (ages 10 and under)*
5K Run/Walk \$15	5K Run/Walk \$18	\$5

*Kids can register for the 5K Run/Walk as well.

AWARDS: Top Male/Female of each age group. All kids 12 and under in either race receive ribbons.

GENERAL INFORMATION: Flat, easy out-and-back approx. 3 mile course on Columbia Trail in Califon starting at the Califon Train Station to Hoffmann's crossing and back. Runners/Walkers assemble at Califon Island Park by 12:30pm. Post race refreshments at park for all participants. Come ready to run/walk, parking at Califon Island Park. Jogging strollers welcome; please no bikes, scooters, rollerblades, etc. T-Shirts to all Pre-Registrants, others while supplies last.

Questions? Contact jjcb20@comcast.net or visit www.califon.org.

Bridge to Bridge Run REGISTRATION FORM: Oct 3, 2010 1PM START

Make checks payable to FOCIP.

Mail to: Friends of Califon Island Park.
 Attn: Bridge to Bridge Run
 20 Main St.
 Califon, NJ 07830

OR: Register online at www.active.com--look for "Califon Bridge to Bridge 5K"

	Male	Female	Run	Kid's Fun Run
Last Name	First Name			
Mailing Address: Street	City/Town	State	Zip Code	
Contact Phone Number	Shirt Size	Age Category – check one		
		_____ 14 - under	_____ 15-19	_____ 20-29
		_____ 30-39	_____ 40-49	_____ 50 +
E-mail Address		Califon Resident <input type="checkbox"/> yes <input type="checkbox"/> no		
Date of Birth	Age/Grade on Race Day			

Waiver:

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road or any running surface, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the BRIDGE TO BRIDGE FUN RUN, the BOROUGH OF CALIFON, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature of Applicant	Date:	Guardian's Signature (if under 18)	Date:
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